the

Counseling and School Psychology Clinic

University of Nebraska-Lincoln

Flexible Hours and Low Cost Counseling

Counseling services are **FREE to UNL students, faculty and staff.** For all others, services are provided at affordable rates. *No client is turned away* based on lack of financial means. CSPC is a training clinic in which advanced graduate students in counseling psychology work with clients under the supervision of licensed psychologists. Sensitivity to race, ethnicity, and culture is a specialty of the clinic.

The clinic services include:

Individual:

To improve well-being, elevate, mood, mange stress, and life adjustment issues.

Family:

To address communication problems, increase trust, and resolve persistent conflict.

Group:

Management of stress, and overcoming emotional difficulties.

The Counseling and School Psychology Clinic's Mission:
To improve educational, social, emotional, and behavioral functioning and interactions of individuals, families, groups and counseling/therapy, consultation, and education.

(402) 472-1152
49 Teachers College Hall
Lincoln, NE 68588

The Clinic is located on the lower floor of Teachers College Hall on City Campus. You can enter either through the rear entrance off of 16th Street or the front entrance of Teachers College Hall located on the corner of 14th and Vine.